



COLORADO OUTWARD BOUND SCHOOL

Who is Outward Bound?

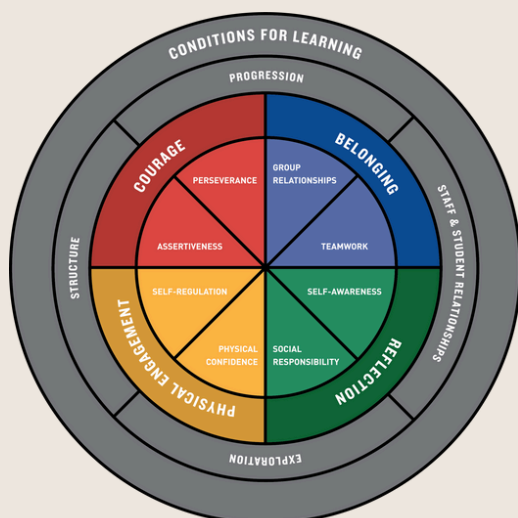
Since 1962, our non-profit has been on a mission to change lives through challenge and discovery in the outdoors. We partner with schools and youth-serving organizations to provide students with the opportunity to connect, grow, and discover their full potential. With the outdoors as our classroom for social and emotional learning, we're cultivating the next generation of compassionate and resilient leaders.

We are part of a national network of Outward Bound schools that serves over 20,000 students and educators each year. Our school has basecamps in Leadville, Colorado and Moab, Utah where we facilitate single-day and overnight outdoor programs.

Our Educational Framework

We've combined Outward Bound's decades of experience facilitating outdoor adventures with the latest research on social-emotional learning (SEL) to develop the Domains of Thriving (DoT) educational framework. The DoT focuses on four key SEL areas for effective leaders: Courage, Belonging, Reflection, and Physical Engagement. Outcomes are measured and validated in collaboration with Partnerships for Education and Resilience (PEAR).

Domains of Thriving Educational Framework



*"My experience was outstanding.
The facilitators really created a
space that continuously challenged
me to rethink and adapt the ways I
communicate."*

- Educator Program Participant



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Your Outdoor Classroom

With our expertise in outdoor facilitation, your team will master skills in leadership and collaboration and enjoy transformational outcomes in the workplace and beyond. Every program is catered to the needs and capabilities of all participants. Here is a list of our most popular programs for educators and school leaders.



Professional Development Workshops

Our single-day programs quickly bring groups together. Our facilitators take your team through a series of outdoor initiatives followed by directed conversations that ask tough questions and produce actionable results. Your team will leave with enhanced communication and collaboration skills that will contribute to a happier, more successful environment. Workshops can take place at our Basecamp in Leadville, CO, Moab, UT, or your school.



3-Day Basecamp Retreat

Sleep indoors and learn outside at our Basecamp in Leadville, CO. Activities can include team building initiatives, low and high ropes courses, reflection times, and transference facilitation. Accommodation is in our shared dormitories and meals are in our dining hall.



5-to-7-Day Expedition

Taking your team to new heights requires a highly unique, hands-on professional development experience. On an expedition, you'll go beyond the typical boardroom or classroom training to gain real experience working as a team and uncover truly transformational insights. Backpacking, canyoneering, and rafting expeditions are available across Colorado and Utah.

"Coming together as a team is powerful. As a school leader, sometimes I feel like everyone comes to me for the answer. [This course] reminded me that I can facilitate problem solving and don't always need to be the one solving."

- Educator Program Participant



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SEL Curriculum for Educators and School Leaders

Our programs extend social-emotional learning to students, educators, and school leaders. Our curriculum focuses on Belonging, Physical Engagement, Courage, and Reflection, offering tools to transfer lessons to the classroom and school community.

Belonging

Learn how to cultivate a connected and caring community through compassionate communication and conversations.

Course Outcomes: Connection, Trust, Communication

Physical Engagement

Through hands-on challenges in the outdoors, develop teamwork, comradery, and leadership skills.

Course Outcomes: Teamwork, Leadership, Trust

Courage

Navigate real-life challenges to build trust as a group and build confidence in each individuals unique abilities.

Course Outcomes: Perseverance, Assertiveness, Confidence

Reflection

Facilitated personal and group reflection will focus on transferring lessons to improve student and school outcomes.

Course Outcomes: Empathy, Responsibility, Self-Awareness

Partner with Outward Bound

We are thrilled to be an eligible provider for the Colorado's EASI grant program. To learn more about our school partnerships, please visit www.cobs.org/programs



88%

Participants reported:

*"I have gained
the confidence
to try new things"*



91%

Participants reported:

*"I am excited to
keep learning
about myself and
others"*



88%

Participants reported:

*"I feel more
connected with
the people in
my group"*